

Long-Term Care Ombudsman Program

Directory of Licensed Facilities in Creek, Osage, and Tulsa Counties





LONG-TERM CARE OMBUDSMAN SUPERVISORS

For Tulsa, Creek and Osage Counties

Lesley Smiley	Cathy Sullins	Chris Gruszeczki
(918) 579-9448	(918) 579-9423	(918) 579-9471
lsmiley@incog.org	csullins@incog.org	cgruszeczki@incog.org

This directory is provided by INCOG Area Agency on Aging and the Long-Term Care Ombudsman Program. Funds were provided, in part, through a grant from the Oklahoma Department of Human Services, Aging Services Division, under provisions of the Older Americans Act of 1965, as amended. No person is excluded from participation in any program or denied any benefit on the basis of race, creed, color, religion, sex, national origin, age or disability.

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LONG-TERM CARE OMBUDSMAN PROGRAM

Definition of Ombudsman: The Ombudsman Program serves residents in Oklahoma, living in nursing homes, assisted living and residential care homes. An Ombudsman helps improve the quality of life and the quality of care available to residents.

A Long-Term Care (LTC) Ombudsman is a person who receives complaints from residents of long-term care facilities, their friends, relatives or agencies. The LTC Ombudsman attempts to resolve those complaints within the facility. The Ombudsman has the authority to explore problems and recommend corrective action.

Nature of the Program: The Ombudsman Program is supported by local volunteers committed to improving and enriching the lives of older persons in long-term care facilities. The Area Agency on Aging provides local supervision and support for the volunteers and additional support is provided by State Ombudsman Program Staff.

If you want to check complaint experience on a facility, call the LTC Ombudsman Supervisor for the area in which the facility is located.

Become an Ombudsman Volunteer: Are you concerned about the needs of older people? Are you able to work with many types of people? Are you willing and able to follow problems through to resolution? Are you interested in advocating for people living in nursing homes, assisted living or residential care facilities? If so, please contact one of our Ombudsman Supervisors: Lesley Smiley (918) 579-9448 or Cathy Sullins (918) 579-9423.

CHECKLIST TO DETERMINE WHEN A PERSON NEEDS AN OMBUDSMAN'S HELP

A person may need the services of an Ombudsman prior to placing a loved one in a facility to:

- \checkmark Discuss the level of care that would benefit the resident.
- ✓ Check on the Ombudsman's experiences with the facility.
- ✓ Learn which facilities have specific services or amenities the resident will require.
- ✓ Request the "Director of Licensed Facilities in Creek, Osage and Tulsa Counties."
- ✓ Discuss sources of payment including Medicare/Medicaid guidelines.

After placing a person in a facility, an Ombudsman may be needed to:

- ✓ Request information regarding any aspect of resident life.
- \checkmark File a complaint or to discuss a concern.
- ✓ Discuss state and federal laws and regulations.
- ✓ Protest notice of an involuntary transfer or discharge.
- ✓ Discuss Advance Directives (Living Wills) and Do Not Resuscitate (DNR) forms.
- ✓ Discuss the Living Choice Program.

The INCOG Area Agency on Aging has three LTC Ombudsman Supervisors that serve areas in Creek, Osage and Tulsa Counties. As of 1/3/2022, one position is currently vacant.

Lesley Smiley, Ombudsman Supervisor	(918) 579-9448	lsmiley@incog.org
Cathy Sullins, Ombudsman Supervisor	(918) 579-9423	csullins@incog.org
Chris Gruszeczki, Ombudsman Supervisor	(918) 579-9471	cgruszeczki@incog.org

RESOURCE PAGE

- A. Nursing Home Compare and Oklahoma State Health Department Survey Information: <u>Find Healthcare Providers:</u> <u>Compare Care Near You | Medicare</u>
- B. Oklahoma Nursing Home Inspection: Long Term Care Surveys (ok.gov) At top of page on the left, click on "search" and select the type of facility you would like to research.
- C. Oklahoma Nursing Home Complaint Hotline: (800) 747-8419 or email: <u>ltccomplaints@health.ok.gov</u>
- D. Oklahoma Department of Human Services (OKDHS): <u>Human Services Department OKDHS (oklahoma.gov)</u>
- E. **OKDHS Community Living, Aging and Protective Services** (CAPS), formerly Aging Services. <u>Community Living, Aging</u> <u>and Protective Services (CAP) (oklahoma.gov)</u>
- F. OKDHS Community Living, Aging and Protective Services Long-Term Care Ombudsman: Long-Term Care Ombudsman (oklahoma.gov)
- G. INCOG Area Agency on Aging: INCOG | Tulsa, OK | Regional Partners Regional Solutions Phone: (918) 579-9477; Statewide Senior Info Line: (800) 211-2116.
- H. Alzheimer's Association, www.alz.org, 24/7 Helpline: (800) 272-3900; Oklahoma Chapter: Oklahoma Chapter (alz.org)
- I. National **Consumer Voice** for Quality Long-Term Care: <u>www.theconsumervoice.org</u>
- J. For information on Assisted Living, contact **Oklahoma Assisted Living Association**, <u>OKALA</u>, (405) 235-5000.

As of April 3, 2024

WHAT IS A NURSING HOME?

Nursing Home Care Act Title 63 of the Oklahoma Statutes Section 1-1901 et. Seq. 2001 Amendments

The nursing facility provides 24-hour skilled care and related services for residents who require medical or nursing care. These facilities are licensed under the Nursing Home Care Act, 63 O.S. Supp. 1998, Section 1-1901 et seq., and the Regulations for Licensure of Nursing and Specialized Facilities, OAC 310:675.

Nursing facilities are designed to provide long-term nursing care or for persons convalescing from illness which are not appropriate for a hospital or available through home care programs or other alternatives. Besides providing 24-hour care, a room, meals, help with daily living and activities daily are included. Residents have health problems which keep them from living on their own and may require daily medical attention. Nursing facilities are expected to provide a high quality of life and care for all residents.

For more information, check the following websites: Nursing Home Compare and State Health Department Survey Information at <u>www.medicare.gov</u>, National Consumer Voice for Quality Long-Term Care at <u>www.theconsumervoice.org</u>, AARP Nursing Home Resource at <u>www.aarp.org</u>, and the Oklahoma Nursing Home Inspection Database and Nursing Facility Changes at www.ok.gov/health/.

NURSING HOME CHECKLIST

When trying to find a suitable nursing home, a checklist can assist the consumer in evaluating the nursing home that is visited. Use a checklist for each home you visit. It is recommended that the consumer visit two or three facilities if possible. When possible, the person who is going to live in the facility should be involved in the process of finding the facility in which they want to live.

- ✓ Is the nursing home Medicare-certified?
- ✓ Is the facility Medicaid-certified?
- ✓ Does the facility have the level of care needed, and is a bed available?
- ✓ Does the nursing home have special services if needed (e.g., dementia, ventilator)? Is a bed available?
- ✓ Is the nursing home located close enough for family and friends to visit?
- ✓ Are residents clean, appropriately dressed for the season or time of day, and well-groomed?
- ✓ Is the nursing home free from overwhelming unpleasant odors?
- ✓ Does the nursing home appear to be clean and well-kept?
- ✓ Is the temperature in the facility comfortable for the residents?
- ✓ Are the noise levels in the dining room and other common areas comfortable?
- ✓ Is there a smoking room for residents to use?
- ✓ Are the furnishings sturdy yet comfortable and attractive?
- ✓ May residents have personal belongings and/or furniture in their rooms?
- ✓ Are there policies and procedures to protect residents' possessions?
- ✓ Does the facility have quiet and private areas where residents can visit with friends and family?
- ✓ Are all common areas, resident rooms and doorways designed for wheelchair use?
- ✓ Are nutritious night snacks available?
- ✓ Does the facility have a variety of activities for residents?
- ✓ Does the relationship between the staff and residents appear to be caring, polite and respectful?
- ✓ Do you hear staff knocking on doors before entering a resident's room and refer to residents by name?
- ✓ Is the facility's annual State Health Department's Survey posted or in a notebook where you can read it?

WHAT IS A SKILLED NURSING FACILITY?

OBRA '87 (Omnibus Budget Reconciliation Act of 1987) amends the Medicare provisions of the Social Security Act, found at section 1819 of the Act. OBRA's Medicare requirements are also contained in the United States code, at volume 42, section 1395i-3.

As found in the Omnibus Budget Reconciliation Act of 1987 as amended through 1991 Medicare Requirements: 1395i-3. Requirements for, and assuring quality of care in, skilled nursing facilities:

Skilled Nursing Facility Defined

- (a) In this subchapter, the term "skilled nursing facility" means an institution (or a distinct part of an institution) which:
 - (1) Is primarily engaged in providing to residents:
 - a. Skilled nursing care and related services for residents who require medical or nursing care.
 - b. Rehabilitation services for the rehabilitation of injured, disabled or sick persons, and is not primarily for the care and treatment of mental diseases.
 - (2) Has in effect a transfer agreement (meeting the requirements of section 1395x(I) or this title) with one or more hospitals having agreements in effect under section 1395c of this title and
 - (3) Meets the requirements for a skilled nursing facility described in subsections (b), (c) and (d) of this section.

For more information, check the following websites: Nursing Home Compare and State Health Department Survey Information at <u>www.medicare.gov</u>, National Consumer Voice for Quality Long-Term Care at <u>www.theconsumervoice.org</u>, AARP Nursing Home Resource at <u>www.aarp.org</u>, and the Oklahoma Nursing Home Inspection Database and Nursing Facility Changes at www.ok.gov/health/.

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Info & Services
Arbor Village NH 1903 310 W. Taft Ave. Sapulpa, OK 74066 Admin: Ernie Johnson Ombudsman: Lesley Smiley	(918) 224-6012	YES	YES	142	 Respite care Hospice available PT, OT, ST Rehab Secured exits
Aspen Health & Rehab NH 7261 1251 W. Houston St. Broken Arrow, OK 74012 Admin: Sarah Rose-Brownfield Ombudsman: Lesley Smiley	(539) 367-4500	YES	YES	126	 Respite care Hospice available PT, OT, ST Rehab Secured exits Smoke-free building
Baptist Village of Owasso Evergreen Care Center CC 7206 12600 E. 73 rd Street North Owasso, OK 74055 Admin: Mitzi Epperson Ombudsman: Chris Gruszeczki	(918) 272-8007	YES	YES	120	 Hospice available PT, OT, ST Rehab Secured exits Smoke-free building
Barnsdall Nursing Home NH 5701 411 W. Chestnut Ave. Barnsdall, OK 74002 Admin: Daniel Lawson Ombudsman: Cathy Sullins	(918) 847-2572	YES	YES	40	 Respite care Hospice available PT, OT, ST Rehab Secured exits Smoke-free building

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Info & Services
Beacon Ridge NH 1902 102 E. Line Ave. Sapulpa, OK 74066 Admin: Melinda Hurst Ombudsman: Lesley Smiley	(918) 216-1811	YES	YES	69	• Senior mental health facility
Broken Arrow Nursing Home NH 7205 424 N. Date Ave. Broken Arrow, OK 74012 Admin: Paulie Cooper Pourman Ombudsman: Cathy Sullins	(918) 251-5343	YES	YES	101	 Respite care minimum 10 days Hospice available PT, OT, ST Rehab Smoke-free building
Cedarcrest Care Center NH 7224 1306 E. College St. Broken Arrow, OK 74012 Admin: to be announced Ombudsman: Cathy Sullins	(918) 251-3200	YES	YES	80	 Respite care Separate unit for Alzheimer's/Dementia Hospice available PT, OT, ST Rehab Secured exits
Cearu Medical Resort NH 7262 8720 S. 101 st E. Ave. Tulsa, OK 74133 Admin: Jennifer Hart Ombudsman: Chris Gruszeczki	(918) 965-0101	YES	YES	102	OT, PT, STSmoke-free

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Info & Services
Cimarron Pointe Care Center NH 1907 404 E. Cimarron Drive Mannford, OK 74044 Admin: Sheila Hawk Ombudsman: Lesley Smiley	(918) 865-7701	YES	YES	92	 Hospice available PT, OT, ST Rehab Secured exits Smoke-free building
Colonial Manor Nursing Home NH 7208 1815 E. Skelly Drive Tulsa, OK 74105 Executive Director: Terri Mullins Ombudsman: Cathy Sullins	(918) 743-7838	YES	YES	120	 Hospice available PT, OT, ST Rehab Secured exits Smoke-free building
Covenant Living at Inverness CC 1902 3800 W. 71 st Street Tulsa, OK 74132 Healthcare Adm: Emilie Creswell Ombudsman: Cathy Sullins	(918) 481-9988	YES	NO	44	 Hospice available PT, OT, ST Rehab Secured exits Smoke-free building
Drumright Nursing Home NH 1901 701 N. Bristow Avenue Drumright, OK 74030 Admin: Brian Shane Ombudsman: Lesley Smiley	(918) 352-3249	YES	YES	133	 Respite care Hospice available PT, OT, ST Rehab

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Info & Services
Emerald Care Center Tulsa NH 7210 2425 S. Memorial Drive Tulsa, OK 74129 Interim Admin: Ladelle Bates Ombudsman: Lesley Smiley	(918) 628-0932	YES	YES	118	 PT, OT, ST Rehab Secured exits Smoke-free building
Fairfax Behavioral Health and Memory Care Community NH 5702 701 W. Taft Fairfax, OK 74637 Admin: Jennifer Richmond Ombudsman: Lesley Smiley	(918) 642-3234	YES	YES	60	 Respite care Hospice available PT, OT, ST Rehab Smoke-free building
Forest Hills Care & Rehab Center NH 7244 4300 W. Houston Street Broken Arrow, OK 74012 Admin: Doug Keifer Ombudsman: Cathy Sullins	(918) 254-5000	YES	YES	159	 Respite care Hospice available PT, OT, ST Rehab Smoke-free building
Franciscan Villa CC 7202 17110 E. 51 st Street Broken Arrow, OK 74012 Admin: Crystal Gormley Ombudsman: Chris Gruszeczki	(918) 355-1596	YES	YES	80	 Respite care Hospice available Veteran Approved PT, OT, ST Rehab Advantage Program Smoke-free building

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Info & Services
Glenwood Healthcare NH 7233 1700 E. 141 st Street Glenpool, OK 74033 Admin: Richard Moravek Ombudsman: Chris Gruszeczki	(918) 291-4230	YES	YES	119	 Respite care Hospice available PT, OT, ST Rehab Secured exits Smoke-free building
Grace Skilled Nursing & Therapy (formerly Grace Living Center) NH 7202 711 North Fifth Street Jenks, OK 74037 Admin: Derek Quinton Ombudsman: Chris Gruszeczki	(918) 299-8508	YES	YES	187	 Respite care Hospice available Veteran Approved PT, OT, ST Rehab Secured exits Smoke-free building Eden Alternative Project
Gracewood Health and Rehab NH 7229 6201 E. 36 th Street Tulsa, OK 74135 Admin: Lakehsha McNac Ombudsman: Cathy Sullins	(918) 622-3430	YES	YES	121	 Respite care Hospice available PT, OT, ST Rehab Secured exits Smoke-free building
Green Country Care Center NH 7204 3601 N. Columbia Avenue Tulsa, OK 74110 Admin: Daniqua Hill Ombudsman: Chris Gruszeczki	(918) 428-3600	YES	YES	114	 Advantage respite care Alzheimer's/Dementia Hospice available PT, OT, ST Rehab Secured exits Smoke-free building

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Info & Services
Leisure Village NH 7216 2154 S. 85 th East Avenue Tulsa, OK 74129 Admin: Gary Hightower Ombudsman: Lesley Smiley	(918) 622-4747	YES	YES	117	 Respite care Separate unit for Alzheimer's/Dementia Hospice available PT, OT, ST Rehab Secured exits Smoke-free building
Maplewood Care Center NH 7226 6202 E. 61 st Street Tulsa, OK 74136 Admin: Merideth Harper Ombudsman: Chris Gruszeczki	(918) 494-8830	YES	YES	149	 Respite care Hospice available Veteran Approved PT, OT, ST Rehab Secured exits Smoke-free building
Montereau CC 7204 6800 S. Granite Avenue Tulsa, OK 74136 Admin: Tracie Nail Ombudsman: Lesley Smiley	(918) 491-5200	YES	NO	74	 Respite care Separate unit for Alzheimer's/Dementia Hospice available PT, OT, ST Rehab Secured exits Smoke-free building
North County Nursing & Rehab NH 7207 2300 W. Broadway Collinsville, OK 74021 Admin: Richard Manganya Ombudsman: Cathy Sullins	(918) 371-2545	YES	YES	85	 Respite care Hospice available Veteran Approved PT, OT, ST Rehab Advantage Program Smoke-free building

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Info & Services
Oklahoma Memory Care Institute NH 7209 3333 E. 28 th Street Tulsa, OK 74114 Admin: Michael Rife Ombudsman: Lesley Smiley	(918) 203-0606	YES	YES	56	Memory Care only
Rainbow Health Care Community CC 1901 111 E. Washington Avenue Bristow, OK 74010 Admin: Christy Aubrey Ombudsman: Lesley Smiley	(918) 367-2246	YES	YES	106	 Respite care Separate unit for Alzheimer's/Dementia Hospice available PT, OT, ST Rehab Secured exits
Saint Simeon's Episcopal Home CC 7205 3701 M.L.K., Jr. Blvd. Tulsa, OK 74106 Interim Admin: Angela Green Ombudsman: Lesley Smiley	(918) 425-3583	YES	NO	109	 Hospice available PT, OT, ST Rehab Alzheimer's unit
Sand Springs Nursing & Rehab NH 7217 1025 N. Adams Road Sand Springs, OK 74063 Admin: Jerry Cliff Ombudsman: Lesley Smiley	(918) 245-5908	YES	YES	213	 Hospice available PT, OT, ST Rehab Secured exits Residents' smoking room Respite care

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Info & Services
Senior Suites NH 7214 3501 W. Washington Street Broken Arrow, OK 74012 Admin: Adam Young Ombudsman: Cathy Sullins	(918) 250-5405	YES	YES	52	 Respite care Hospice available PT, OT, ST Rehab Secured exits Smoke-free building
Sequoyah Pointe Living Center NH 7242 8515 N. 123 rd E. Avenue Owasso, OK 74055 Interim Admin: Brooke Howard Ombudsman: Cathy Sullins	(918) 272-5151	YES	YES	92	 Respite care Hospice available PT, OT, ST Rehab Secured exits
Sherwood Manor NH 7225 2416 W. 51 st Street Tulsa, OK 74107 Admin: Darlene Kindle Ombudsman: Lesley Smiley	(918) 446-4284	YES	YES	102	 Respite care Hospice available PT, OT, ST Rehab Secured exits Residents' smoking room
Skiatook Nursing Home NH 5705 318 S. Cherry Street Skiatook, OK 74070 Admin: Melissa Johnson Ombudsman: Cathy Sullins	(918) 396-2149	YES	YES	70	 Respite care Hospice available PT, OT, ST Rehab

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Name/Address	Phone	Medicare/	Medicaid	Licensed	Other Info & Services

		Skilled Nursing		Beds	
Southern Hills Rehab Center NH 7227 5170 S. Vandalia Avenue Tulsa, OK 74135 Admin: Julie Justice Ombudsman: Chris Gruszeczki	(918) 496-3963	YES	YES	118	 Respite care Hospice available PT, OT, ST Rehab
The Ambassador NH 7201 1340 E. 61 st Tulsa, OK 74136 Admin: Rebecca Murray Ombudsman: Cathy Sullins	(918) 743-8978	YES	YES	171	 Respite care Separate unit for Alzheimer's/Dementia Hospice available PT, OT, ST Rehab Secured exits
The Cottage at Woodland Hills NH 7253 7707 S. Memorial Drive Tulsa, OK 74133 Admin: David Barrett Ombudsman: Chris Gruszeczki	(918) 250-8571	YES	YES	176	 Hospice available PT, OT, ST Rehab Smoke-free building
The Gardens NH 1906 1165 Brenner Road Sapulpa, OK 74066 Admin: Candace Barnes Ombudsman: Lesley Smiley	(918) 224-0600	YES	YES	80	 Respite care Hospice available PT, OT, ST Rehab Secured exits Smoke-free building

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Info & Services
The Highlands at Owasso NH 7259 10098 N. 123 rd E. Avenue Owasso, OK 74055 Admin: Terrence Gibson Ombudsman: Cathy Sullins	(918) 928-4800	YES	YES	105	Safe RoomVan transportationRehab
The Villages at Southern Hills CC 7207 5721 S. Lewis Avenue Tulsa, OK 74105 Admin: Lee Sudbeck Ombudsman: Cathy Sullins	(918) 447-6447	YES	YES	110	 Respite care Hospice available PT, OT, ST Rehab Secured & scheduled exits Scheduled transportation Lifetime wellness Smoke-free campus
Trinity Woods NH 7218 4134 E. 31 st Street Tulsa, OK 74135 Admin: Jacob Will Ombudsman: Lesley Smiley	(918) 743-2565	YES	YES	84	 Hospice available PT, OT, ST Rehab Secured exits Smoke-free building

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Info & Services
Tulsa Nursing Center NH 7230 10912 E. 14 th Street Tulsa, OK 74128 Admin: Susan Crimmins Ombudsman: Cathy Sullins	(918) 438-2440	YES	YES	104	 Respite care Hospice available PT, OT, ST Rehab Secured & scheduled exits Scheduled transportation Lifetime wellness Smoke-free campus
University Village NH 7213 8555 S. Lewis Avenue Tulsa, OK 74137 Interim Admin: Tammy Brown Ombudsman: Lesley Smiley	(918) 299-2661	YES	YES	80	 Parkinson's program Respite care Hospice available PT, OT, ST Rehab Smoke-free building
Village Health Care Center NH 7228 1709 S. Main Street Broken Arrow, OK 74012 Admin: Patty Woodhouse Ombudsman: Lesley Smiley	(918) 251-2626	YES	YES	80	 Respite care Hospice available PT, OT, ST Rehab Secured exits Smoke-free building
Zarrow Pointe CC 7203 2025 E. 71 st Street Tulsa, OK 74136 Admin: Ruben Bearer Ombudsman: Cathy Sullins	(918) 496-8333	YES	NO	62	 Hospice available PT, OT, ST Rehab Secured exits Smoke-free building

CONTINUUM OF CARE

What is a Continuum of Care Facility?

Continuum of Care and Assisted Living 66 O.S. Supp. 1998, Section 1-890. 1 et qes., and the Continuum of Care and Assisted Living Rules OAC 310:663

"Continuum of care facility" means a home, establishment or institution providing nursing facility services as defined in Section 1-1902 of Title 63 of the Oklahoma Statutes and one or both of the following:

(A) Assisted Living center services as defined in the Continuum of Care and Assisted Living Act; and

(B) Adult Day Care center services as defined in Section 1-872 of Title 63 of the Oklahoma Statutes 63: I-890.2.4.)

Continuum of care facilities gives the consumer a choice of settings that can be adjusted to meet their needs and capabilities. When living in a continuum of care, residents might not have to be discharged based on short-term variations in their health status or ability to ambulate. This type of facility combines the services of a nursing home with an assisted living center or an adult day care center.

For more information, check the following websites: Nursing Home Compare and State Health Department Survey Information at <u>www.medicare.gov</u>, National Consumer Voice for Quality Long-Term Care at <u>www.theconsumervoice.org</u>, AARP Nursing Home Resource at <u>www.aarp.org</u>, and the Oklahoma Nursing Home Inspection Database and Nursing Facility Changes at www.ok.gov/health/.

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Info & Services
Baptist Village of Owasso Evergreen Care Center CC 7206 12600 E. 73 rd Street North Owasso, OK 74055 Admin: Mitzi Epperson Ombudsman: Chris Gruszeczki	(918) 272-8007	YES	YES	120	 Hospice available PT, OT, ST Rehab Secured exits Smoke-free building
Covenant Living at Inverness CC 1902 3800 W. 71 st Street Tulsa, OK 74132 Admin: Emilie Creswell Ombudsman: Cathy Sullins	(918) 481-9988	YES	NO	135	 Hospice available PT, OT, ST Rehab Secured exits Smoke-free building
Franciscan Villa CC 7202 17110 E. 51 st Street Broken Arrow, OK 74012 Admin: Crystal Gormley Ombudsman: Chris Gruszeczki	(918) 355-1596	YES	YES	165	 Respite care Separate unit for Alzheimer's/Dementia Hospice available Veteran Approved PT, OT, ST Rehab Smoke-free building
Montereau CC 7204 6800 S. Granite Avenue Tulsa, OK 74136 Admin: Tracie Nail Ombudsman: Lesley Smiley	(918) 491-5288	YES	NO	194	 Respite care Separate unit for Alzheimer's/Dementia Hospice available PT, OT, ST Rehab Secured exits Smoke-free building

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Info & Services
Rainbow Health Care Community CC 1901 111 E. Washington Avenue Bristow, OK 74010 Admin: Christy Aubrey Ombudsman: Lesley Smiley	(918) 367-2246	YES	YES	106	 Respite care Separate unit for Alzheimer's/Dementia Hospice available PT, OT, ST Rehab Secured exits
Saint Simeon's Episcopal Home CC 7205 3701 M.L.K., Jr. Blvd. Tulsa, OK 74106 Interim Admin: Angela Green Ombudsman: Lesley Smiley	(918) 425-3583	YES	NO	55	 Respite care Hospice available Veteran Approved PT, OT, ST Rehab Alzheimer's unit
The Villages at Southern Hills CC 7207 5721 S. Lewis Avenue Tulsa, OK 74105 Admin: Lee Sudbeck Ombudsman: Cathy Sullins	(918) 447-6447	YES	YES	100	 Respite care Hospice available PT, OT, ST Rehab Secured & scheduled exits Scheduled transportation Lifetime wellness Smoke-free campus
Zarrow Pointe CC 7203 2025 E. 71 st Street Tulsa, OK 74136 Admin: Ruben Bearer Ombudsman: Cathy Sullins	(918) 496-8333	YES	NO	62	 Hospice available PT, OT, ST Rehab Secured exits Smoke-free building

ASSISTED LIVING

What is an Assisted Living Facility?

Title 310. Oklahoma State Department of Health, Chapter 663. Continuum of Care and Assisted Living

Assisted living means any home or establishment offering, coordinating or providing services to two or more persons who are domiciled therein; are unrelated to the operator; by choice or functional impairments, need assistance with personal care or nursing supervision; may need intermittent or unscheduled nursing care; may need medication assistance; and may need assistance with the transfer and ambulation as defined in Section 310.663-1-2 of the Oklahoma Statues. (63: 1-890.1.1.)

Costs vary with the residence, unit size and the types of services needed by the residents. Medicaid does not cover costs of assisted living facilities. Also, pay close attention to contracts or agreements as they differ from facility to facility.

What types of services are offered in Assisted Living Facilities?

- Three meals per day in a common dining area.
- Housekeeping services.
- Transportation.
- Assistance with Activities of Daily Living (ADL): eating, bathing, dressing, toileting and mobility.
- 24-hour security and staff availability.
- Medication management.
- Emergency call systems for each resident's unit.
- Social and recreational activities.
- Personal laundry services.

For more information on Assisted Living in Oklahoma, contact the Oklahoma Assisted Living Association at <u>www.okala.org</u> or by calling (405) 235-5000 or contact Argentum (formerly the Assisted Living Federation of America) at <u>www.argentum.org</u>

ASSISTED LIVING FACILITY CHECKLIST

Costs vary with the residence, unit size and the types of services needed by the resident. Medicaid does not cover costs of assisted living facilities. Also, <u>pay close attention to contracts or agreements as they differ from facility to facility</u>. The following is a consumer checklist of important services, amenities and accommodations in assisted living communities. Every community is unique. Each provider should have copies of their resident contract outlining, at a minimum, services, prices, extra charges, admission and discharge criteria. Consider the following as you assess an assisted living residence:

- ✓ Did you receive a warm greeting from staff welcoming you to the residence?
- ✓ Do residents socialize with each other and appear happy and comfortable?
- ✓ Is a contractual agreement available that discloses health care and supportive services, all fees, as well as admission and discharge provisions?
- ✓ Are additional services available if the resident's needs change?
- ✓ Are there different costs for various levels or categories of services?
- ✓ Is there evidence of an organized activities program, such as a posted daily schedule, events in progress, reading materials, visitors, etc.?
- ✓ Are there set time for meals? If so, when are they?
- ✓ Are residents able to bring their own furnishings for their unit? What is provided? May residents decorate their own units?
- ✓ Is the residence clean, free of odors and appropriately heated/cooled?
- ✓ To what extent are medical services available and how are these services provided?
- ✓ Can the residence provide a list of services available?
- ✓ Does the residence provide housekeeping and/or personal laundry and linen services in the resident's units?
- ✓ Does the residence provide transportation to doctor's offices, shopping and other activities desired by residents?
- ✓ Are there various sizes and types of units available?

Name/Address	Phone	Code	Number of Beds	Administrator/Comments
Aberdeen Heights 7220 S. Yale Tulsa, OK 74136 Ombudsman: Lesley Smiley	(918) 496-023	AL 7201	120	Administrator: Dinah Donley
Baptist Village of Broken Arrow The Neighborhoods 3801 N. Birch Avenue Broken Arrow, OK 74012 Ombudsman: Lesley Smiley	(918) 355-0099	AL 7259	48	Administrator: Monty Baggett Memory Care unit
Baptist Village of Owasso Liberty Place (Assisted Living) 7310 N. 127 th E. Avenue Owasso, OK 74055 Ombudsman: Chris Gruszeczki	(918) 272-8007	CC 7206	65	Administrator Mitzi Epperson
Baptist Village of Owasso Thompson Family Neighborhood (Assisted Living Memory Care) 12317 E. 73 rd Street North Owasso, OK 74055 Ombudsman: Chris Gruszeczki	(918) 272-2281	CC 7206	20	Administrator: Mitzi Epperson
BeeHive Homes of Broken Arrow 3200 W. Washington Street Broken Arrow, OK 74012 Ombudsman: Lesley Smiley	(918) 505-9995	AL 7269	22	Interim Admin: Shane Lee

Name/Address	Phone	Code	Number of Beds	Administrator/Comments
BeeHive Homes of Glenpool 12570 Vancouver Avenue	(918) 701-3709	#1, AL 7242	24	Administrator: Lisa Meacham
Glenpool, OK 74033 Ombudsman: Lesley Smiley		#2, AL 7143	26	
Bellarose Senior Living 18001 E. 51 st Street Tulsa, OK 74134 Ombudsman: Chris Gruszeczki	(918) 355-0151	AL 7240	110	Administrator: Debbie Maston
Brookdale Broken Arrow 4011 S. Aspen Broken Arrow, OK 74011 Ombudsman: Chris Gruszeczki	(918) 451-1987	AL 7204	80	Executive Director: Kari Willard
Brookdale Owasso 12807 E. 86 th Place North Owasso, OK 74055 Ombudsman: Cathy Sullins	(918) 272-0202	AL 7207	43	Executive Director: Cassandra Morris
Canoe Brook Broken Arrow Assisted Living 2621 S. Elm Place Broken Arrow, OK 74012 Ombudsman: Chris Gruszeczki	(918) 451-9626	AL 7262	45	Executive Director: Darrell Parke Accepts Advantage

Name/Address	Phone	Code	Number of Beds	Administrator/Comments
Cedar Ridge Senior Living 10107 S. Garnett Broken Arrow, OK 74011 Ombudsman: Cathy Sullins	(918) 252-0590	AL 7256	74	Executive Director Kari Lazear Memory Care unit
Comprehensive Community Rehab Services 10018 E. 29 th Street Tulsa, OK 74129 Ombudsman: Cathy Sullins	(918) 574-8833	AL 7219	15	Administrator: Courtney Willis
Covenant Living at Inverness 3800 W. 71 st Street South Tulsa, OK 74132 Ombudsman: Cathy Sullins	(918) 481-9988	CC 1902	47	Administrator: Emilie Creswell
Covenant Living of Bixby 7300 E. 121 st Place South Bixby, OK 74008 Ombudsman: Lesley Smiley	(918) 970-4433	AL 7264	68	Administrator: Danna Wise
Forest Hills Assisted Living 4304 W. Houston St. Broken Arrow, OK 74012 Ombudsman: Cathy Sullins	(918) 250-1700	AL 7211	42	Administrator: Amber Chavez Accepts Advantage.

Name/Address	Phone	Code	Number of Beds	Administrator/Comments
Franciscan Villa	(918) 355-1596	CC 7202		Admin: Crystal Gormley
17110 E. 51 st South				
Broken Arrow, OK 74012 Ombudsman: Chris Gruszeczki				Accepts Advantage.
Green Tree at Sand Springs	(918) 246-8733	AL 7228	68	Administrator: Tammy Richards
4204 S. 129 th W. Avenue				
Sand Springs, OK 74063				Memory Care unit
Ombudsman: Chris Gruszeczki				
Heatheridge Assisted Living	(918) 622-9191	AL 7203	29	Administrator: Paige Luken
2130 S. 85 th E. Avenue				
Tulsa, OK 74129				Accepts Advantage.
Ombudsman: Chris Gruszeczki				
Homestead of Owasso	(918) 376-2226	AL 7225	60	Executive Director: Joe Pomeroy
14701 E. 86 th St. North				
Owasso, OK 74055				Memory Care unit
Ombudsman: Cathy Sullins				
Iris Memory Care	(918) 940-1800	AL 7266	57	Administrator: Debra Lovelace
(formerly Heritage Point of Tulsa) 9494 E. 101 st Street				
Tulsa, OK 74133				
Ombudsman: Lesley Smiley				
Known Memory Care	(918) 249-1300	AL 7238	46	Executive Director: Rachel Ray
(formerly Colonial Oaks of Tulsa)				
7807 S. Mingo Road				
Tulsa, OK 74133				
Ombudsman: Chris Gruszeczki				

Name/Address	Phone	Code	Number of Beds	Administrator/Comments
Legend at Mingo Road	(918) 893-3500	AL 7261	85	Residence Director: Cheryl Ledbetter
7902 S. Mingo Road				
Tulsa, OK 74133				Memory Care unit
Ombudsman: Chris Gruszeczki				
Legend at Tulsa Hills	(918) 588-3600	AL 1103	95	Residence Director: Cara Slavens
701 West 71 st Street South				
Tulsa, OK 74133				Memory Care unit
Ombudsman: Cathy Sullins				
Living Rose Christian Assisted	(918) 851-7906	AL 7260	5	Administrator: Tammy Spinazzola
Living Home				
1108 North Fern Avenue				
Broken Arrow, OK 74012				
Ombudsman: Cathy Sullins				
Montereau (The Villa Assisted	(918) 491-5288	CC 7204	90	Administrator: Tracie Nail
Living)				
6800 S Granite				
Tulsa, OK 74136				
Ombudsman: Lesley Smiley				
North County Assisted Living	(918) 371-1919	AL 7218	35	Executive Director Richard
523 North 22 nd Street				Manganya
Collinsville, OK 74021				
Ombudsman: Cathy Sullins				Accepts Advantage
Oxford Glen Memory Care				
11113 E 103 rd St. North	(918) 376-0960	AL 7239	42	Executive Director: Julie Dyson
Owasso, OK 74055				
Ombudsman: Cathy Sullins				

Name/Address	Phone	Code	Number of Beds	Administrator/Comments
Oxford Springs Assisted Living (formerly Brookdale Tulsa South) 8231 S Mingo Road Tulsa, OK 74133 Ombudsman: Chris Gruszeczki	(918) 461-1100	AL 7205	43	Executive Director: Courtney Ivy
Oxford Springs Memory Care (formerly Brookdale 71 st & Sheridan) 6022 E 71 st Street Tulsa, OK 74136 Ombudsman: Chris Gruszeczki	(918) 494-4011	AL 7206	52	Executive Director: Michelle Netters
Prairie House Assisted Living & Memory Care 2450 N Stone Ridge Drive Broken Arrow, OK 74012 Ombudsman: Cathy Sullins	(918) 940-5200	AL 7241	105	Administrator: Zach Henson
Rainbow Assisted Living 111 E Washington Bristow, OK 74010 Ombudsman: Lesley Smiley	(918) 367-6500	CC 7205	20	Administrator: Christy Aubrey
Saint Simeon's 3701 Martin Luther King, Jr. Blvd Tulsa, OK 74106 Ombudsman: Lesley Smiley	(918) 425-3583	CC 7205	88	Administrator: Angela Green
Sand Plum Assisted Living 9999 E. 121 st Bixby, OK 74008 Ombudsman: Chris Gruszeczki	(918) 369-7100	AL 7229	100	Administrator: Dani Woodland Accepts Advantage.

Name/Address	Phone	Code	Number of Beds	Administrator/Comments
The Courtyards at The	(918) 743-7887	AL 7210	75	Administrator: Magen James
Ambassador				
1380 E. 61 st Street				
Tulsa, OK 74136				
Ombudsman: Cathy Sullins				
The Grove at Midtown	(918) 743-2700	AL 721	120	Area Dir., Operations: Jennifer Braun
5211 South Lewis				
Tulsa, OK 74105				
Ombudsman: Cathy Sullins				
The Parke	(918) 249-1262	AL 7208	70	Administrator: Michayne Morris
7821 E. 76 th Street				,
Tulsa, OK 74133				
Ombudsman: Chris Gruszeczki				
The Villages at Southern Hills	(918) 447-6447	CC 7207	100	Administrator: Lee Sudbeck
5721 S. Lewis				
Tulsa, OK 74105				Accepts Advantage.
Ombudsman: Cathy Sullins				
Trinity Woods	(918) 743-2565	AL 7226	50	Administrator: Brittani Chappell
3130 S. Sandusky Avenue				
Tulsa, OK 74135				
Ombudsman: Lesley Smiley				
University Village	(918) 299-2661	AL 7214	100	Administrator: Pamela Boone
8555 S. Lewis				
Tulsa, OK 74137				
Ombudsman: Lesley Smiley				
Zarrow Pointe	(918) 496-8333	CC 7203	61	Administrator: Ruben Bearer
2025 E. 72 nd Street				
Tulsa, OK 74136				
Ombudsman: Cathy Sullins				

RESIDENTIAL CARE

What is a Residential Care Facility?

Nursing Home Care Act Title 63 of the Oklahoma Statutes Section 1-1901 et. Seq. with 2001 Amendment 63-1-1902. Definitions.

"Residential care home" means any home, establishment or institution licenses pursuant to the provisions of the Residential Care Act other than a hotel, motel, fraternity or sorority house, or college or university dormitory, which offers or provides residential accommodations, food service, and supportive assistance to any of its residents or houses any resident requiring supportive assistance. The resident shall be persons who are ambulatory and essentially capable of managing their own affairs, but who do not routinely require nursing care; provided, the term "residential care home" shall not mean a hotel, motel, fraternity or sorority house, or college or university dormitory, if the facility operates in a manner customary to its description and does not house any person who requires supportive assistance from the facility in order to meet an adequate level of daily living.

A residential care home may provide assistance with meals, dressing, bathing, and other personal needs, and it may assist in the administration of medications. However, it cannot provide medical care. Residents need to be ambulatory. Some residential care homes are located in large facilities while others are in small homes. Medicaid does not pay for people to live in residential care facilities.

For more information, check the following websites: Nursing Home Compare and State Health Department Survey Information at <u>www.medicare.gov</u>, National Consumer Voice for Quality Long-Term Care at <u>www.theconsumervoice.org</u>, AARP Nursing Home Resource at <u>www.aarp.org</u>, and Oklahoma Nursing Home Inspection Database and Nursing Facility Changes at <u>www.ok.gov/health/</u>, go to "Long Term Care Inspection Surveys" under, "Online Services."

As of April 3, 2024

Name/Address	Code Residential Care	Phone	Number of Beds	Administrator/Comments
Bethesda Residential Care Home 5527 South 74 th East Avenue Tulsa, OK 74145 Ombudsman: Lesley Smiley	RC 7280	(918) 645-9688	5	Administrator: Darcia Alexandre
Heatheridge 2130 South 85 th East Avenue Tulsa, OK 74129 Ombudsman: Chris Gruszeczki	RC 7215	(918) 622-9191	78	Administrator: Paige Luken
House of Eden 2604 North MLK Jr Blvd. Tulsa, OK 74106 Ombudsman: Lesley Smiley	RC 7281	539-867-1531	16	Executive Director: Darlene Reynolds
Sarah's Residential Living Home 1356 East 53 rd Street North Tulsa, OK 74126 Ombudsman: Lesley Smiley	RC 7262	(918) 951-2443	5	Administrator: Elaine McDondle

INTERMEDIATE CARE FACILITY FOR INDIVIDUALS WITH INTELLECTUAL DISABILITIES (ICFIID)

What is an Intermediate Care Facility for Individuals with Intellectual Disabilities?

Title 310. Oklahoma State Department of Health: Chapter 675. Nursing and Specialized Facilities. Subchapter 11. Intermediate Care Facilities of 16 beds and less for Individuals with Intellectual Disabilities (ICF/IID-16) Section 310:675-11-1. Scope

This Subchapter is applicable to small facilities serving individuals with intellectual disabilities which provide residential accommodations and transitional living training to aid residents in adapting to live in the general society. Resident accommodations are limited to not more than 16 residents, plus any required "live-in" staff. Facilities qualifying under this subsection shall be exempt from other subsections of this Chapter, except for the definitions provided in 310:675-1-2 and as may be specifically referenced in this subsection. In addition to these requirements, all facilities must meet the provisions of the Nursing Home Care Act.

(Amended at 26 OK Reg 2059; amended at 36 Ok Reg 1748, eff 9-13-19.)

ICFID (Intermediate Care Facilities for Individuals with Disabilities) is a specialized facility providing health care or rehabilitation services to individuals with mental retardation or developmental disabilities.

"A specialized facility is any home, establishment or institution that offers or provides inpatient long-term care services on a 24 hour basis to a limited category of persons requiring such services, including but not limited to a facility providing health or habilitation services for persons who have mental retardation or developmental disabilities."

You can find the definition of specialized facility in the Nursing Home Care Act and also in CODE policy. ICFID is not defined within those acts, but for the purpose of the Directory, the specialized facility is applicable. For more information regarding ICFID facilities, please go to http://www.cms.gov/manuals/downloads/som107ap_i_intermcare.pdf

As of April 3, 2024

Name/Address	Code	Phone	Number of Beds	Administrator/Comments
Gatesway Foundation, Inc. 1217 E. College Street	NH 7212	(918) 259-1445	69	Administrator: Brandon Albright
Broken Arrow, OK 74012				
Ombudsman: Cathy Sullins				
Gatesway Foundation, Inc. II	NH 7236	(918) 258-3900	16	Administrator: Brandon Albright
1217 E. College Street				
Broken Arrow, OK 74012				
Ombudsman: Cathy Sullins				
Gatesway Foundation, Inc. III	NH 7252	(918) 258-3900	3	Administrator: Brandon Albright
1401 E. College Street				
Broken Arrow, OK 74012				
Ombudsman: Cathy Sullins				
Gatesway Foundation, Inc. IV	NH 257	(918) 258-3900	8	Administrator: Brandon Albright
1301 E. Ray Miller Jr. Loop				
Broken Arrow, OK 74012				
Ombudsman: Cathy Sullins				
Gatesway Foundation, Inc. V	NH 7258	(918) 258-3900	8	Administrator: Brandon Albright
1305 E. Ray Miller Jr. Loop				
Broken Arrow, OK 74012				
Ombudsman: Cathy Sullins				
Paddington Place	Cottage 1:	(918) 290-3401	32	Administrator: Lauren Evans
76 West Rachel	NH 7263			
Bixby, OK 74008	Cottage 2:			
Ombudsman: Chris Gruszeczki	NH 7264			
	Cottage 3: NH			
	7265			
	Cottage 4: NH			
	7266			